

October 2017

Mishawaka Catholic School Lunch Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
Milk Included w/Every Meal ***** PBJ Sandwich w/cheese stick Available Daily	Chicken & Noodles California Blend Pineapple Muffin	Chef Salad w/meat & cheese Assorted Salad Veggies Carrot Sticks Apples Crackers	Breaded Chicken Tenders Red Beans & Rice Pears	Tortilla Chips w/Meat & Cheese Green Beans Peaches	Tuna Salad Sandwich Fresh Veggies w/Hummus Grapes	
8	9	10	11	12	13	14
	Mini Corn Dogs Baked Beans Pears	Hot Ham & Cheese on Pretzel Bun Corn Applesauce	Taco Salad w/tomatoes Doritos Carrot Sticks Peaches	Breaded Chicken Patty Sandwich Cucumbers Apples	Pizza Green Beans Fresh Fruit	
15	16	17	18	19	20	21
	Sloppy Jo Sandwich Potato Wedges Pears	Breaded Chicken Sticks Baked Beans Applesauce	Penne Pasta w/Meat sauce Spinach Salad Fresh Fruit Wheat Roll	Chicken & Rice Soup Broccoli Peaches Muffin	Grilled Cheese Sandwich Carrot & Celery Sticks w/Hummus Mixed Fruit	
22	23	24	25	26	27	28
	Hamburger / Cheeseburger Corn Pears	Deli Turkey Sandwich Cucumbers Peaches	Breaded Popcorn Chicken Broccoli Brown Rice Mandarin Oranges	No School	No School	
29	30	31	1	2	3	4
	No School	Breaded Chicken Nuggets Side Salad Apple	Hot Dog Fries Carrot Sticks Peaches	Baked Pasta Green Beans Mixed Fruit Garlic Toast	Vegetable Egg Roll Brown Rice Corn Yogurt Parfait	